

PREVENTING AND HEALING THE TRAUMA OF RAPE AND SEXUAL ABUSE

STATISTICS SUPPLEMENT 2018



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ANOTE ON THE 2018 STATISTICS

The information collected in these statistics relates to details disclosed by those callers and clients using the services of the Dublin Rape Crisis Centre during 2018. The primary aim of the Centre is to provide confidential support and information and for this reason our statistics have varying levels of detail. The value of the statistics contained within our report is that they tell of the experiences of the people who availed of our services.

SECTION 1

CONTACTS WITH THE NATIONAL 24-HOUR HELPLINE

JAN 2018-DEC 2018

DESCRIPTION CONTACTS 2018

Total Helpline Contacts 13,367

HELPLINE COUNSELLORS RESPONDED TO

Counselling Calls 11,241
Text Messages 1,040
Emails 802
Social Media 284

FIRST TIME CONTACTS 7,423
REPEAT CONTACTS 4.330

UNKNOWN 1,614

BREAKDOWN OF COUNSELLING CONTACTS BY TYPE

TYPE OF CONTACT NUMBER Counselling/Support 7970 2276 Information Schedule Appointment 1356 863 Hang Up Silent 357 274 Hoax 120 Abusive 69 Advocacy 44 Survivor Referral Concern About Abuser 38

BREAKDOWN BY TYPE OF ABUSE

TYPE OF ABUSE	% OF CALLS
Adult Rape	44.8%
Child Sexual Abuse	33.0%
Details Undisclosed	11.1%
Adult Sexual Assault	9.5%
Sexual Harassment	1.3%
Ritual Abuse	0.3%

These figures are based on the 79% of callers who disclosed their abuse

GENDER OF CALLER

GENDER	% OF CALLS
Female	77.3%
Male	21.6%
Other	1.1%

These figures are based on the 90% of callers who disclosed their gender

BREAKDOWN BY GEOGRAPHIC LOCATION

GEOGRAPHIC LOCATION	% OF CALLS
Dublin	65.7%
Elsewhere in Ireland	34.3%

These figures are based on the 58% of callers who disclosed their location

BREAKDOWN BY NATIONALITY

ORIGIN	% OF CALLS
Irish	96.5%
European Union	1.7%
Rest of the World	1.8%

These figures are based on the 83% of callers who disclosed their nationality

BREAKDOWN BY AGE

AGE OF VICTIM	% OF CALLS
UNDER 16	2.1%
16 – 17	2.2%
18 – 23	15.0%
24 – 29	14.6%
30 – 39	19.6%
40 – 49	22.3%
50 – 59	15.2%
60 – 69	7.2%
70+	1.8%

These figures are based on the 61% of callers who disclosed their age

NUMBER OF CONTACTS PER HOUR

TIME (24 HOUR CLOCK)	NUMBER OF CONTACTS	TIME (24 HOUR CLOCK)	NUMBER OF CONTACTS
00:00 - 01:00	302	12:00 – 13:00	1157
01:00 - 02:00	315	13:00 – 14:00	865
02:00 - 03:00	227	14:00 – 15:00	890
03:00 - 04:00	207	15:00 – 16:00	908
04:00 - 05:00	169	16:00 – 17:00	778
05:00 - 06:00	151	17:00 – 18:00	725
06:00 - 07:00	94	18:00 – 19:00	485
07:00 - 08:00	161	19:00 – 20:00	505
08:00 - 09:00	836	20:00 – 21:00	548
09:00 – 10:00	796	21:00 – 22:00	590
10:00 – 11:00	860	22:00 – 23:00	504
11:00 – 12:00	887	23:00 – 00:00	407

This table shows the number of contacts made each hour by all callers in 2018

NUMBER OF CONTACTS PER MONTH

MONTH	NUMBER OF CONTACTS	MONTH	NUMBER OF CONTACTS
January	572	July	568
February	564	August	585
March	762	September	590
April	734	October	657
May	588	November	620
June	663	December	520

This table shows the number of contacts by first-time callers each month in 2018

The table below lists the various agencies and services helpline counsellors referred callers on to.

SERVICES AND AGENCIES REFERRED TO INCLUDED	% OF CALLS
Other Rape Crisis Centres	40
Other Counselling Services	12
Gardaí / GNPSU / GVSO	9
Other Medical Services	8
SATU	7
One in Four	4
CARI	4
Suicide Prevention Services	3
Túsla / Child Protection Services	3
Women's Aid / Domestic Violence Services	2
Mental Health Services	2
Legal Services	2
Addiction Services	1
Services for Men	1
LGBT Services	1
Children and Youth Services	<1
Crisis Pregnancy Agency	<1
Homeless Services	<1
Medical Council	<1
Ruhama	<1
Migrant Support Agencies	<1

SECTION 2 VOLUNTEER SERVICES

ACCOMPANIMENT TO SEXUAL ASSAULT TREATMENT UNIT

In this period, DRCC's trained volunteers attended the Sexual Assault Treatment Unit (SATU) with **211** victims and provided support to **148** of their family and friends. They carried out **48** days of court or Garda Station accompaniment with victims of sexual violence or abuse. In addition to the accompaniment service **15** victims were supported by phone, text and email.

OUTREACH AWARENESS TALKS

DRCC's trained outreach volunteers delivered 21 outreach awareness talks.

SECTION 3

COUNSELLING & PSYCHOTHERAPY SERVICE PROVISION JAN 2018-DEC 2018

In 2018, our therapists provided a six-day counselling service from Monday to Saturday, in the DRCC on Leeson Street. In addition to the services offered in the main office in Leeson Street, outreach services were provided in Coolock, Tallaght and Dóchas Women's Prison.

CLIENT APPOINTMENTS SUMMARY

A total of **5,564** individual appointments were made available by the Therapy Team in 2018.

Of these, **4,228** individual client sessions were delivered in 2018. Allowing for cancellations and 'no-shows' deducted, this represents a take-up rate of **76%**.

Of the **4,228** completed sessions, **51.7**% (N=2,187) were crisis appointments for men and women who had experienced a recent rape or sexual assault (recent refers to sexual violence experienced in the past six months).

48.3% (N=2,041) were assessment appointments for past rape, sexual assault and past child sexual abuse.

Two one-day workshops: art therapy and self-care and a 6-week rape recovery group were facilitated by therapists during the year. The **246** group hours combined with the **4,228** individual hours gave a total of **4,474** therapy hours completed in 2018.

Of the clients attending our service in 2018, 14 had a disability.

CLIENTS SEEN IN THE DRCC (INCLUDING CRISIS AND LONG TERM SERVICE)

DESCRIPTION NUMBER

Number of Clients seen 582 (356 of these are new clients)

GENDER OF CLIENTS USING THE SERVICE

GENDER	% OF CALLS
Female	89.7%
Male	10.3%

AGE OF CLIENT USING THE SERVICE

AGE OF CLIENT	%
16 – 17	3%
18 – 23	27.6%
24 – 29	15.3%
30 – 39	24.9%
40 – 49	16.5%
50 – 59	9.3%
60+	3.4%

BREAKDOWN BY TYPE OF ABUSE

TYPE OF ABUSE EXPERIENCED BY OUR CLIENTS AS ADULTS	%
Rape	43.6%
Sexual Assault	13.1%
Marital Rape	2.1%
Aggravated Sexual Assault	0.8%
Sexual Harassment	0.6%
Suspected Drug Rape	0.4%

TYPE OF ABUSE EXPERIENCED
BY OUR CLIENTS AS CHILDREN

Rape 39.4%

TOTAL 100%

Note: 6.4% of clients disclosed that they experienced both adult rape and past child sexual abuse.

%

RELATIONSHIP BETWEEN THE VICTIM AND THE PERPETRATOR

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RELATIONSHIP	CHILD SEXUAL ABUSE	ADULT RAPE/ SEXUAL ASSAULT
Parent	14.3%	0.7%
Sibling	7.1%	0.7%
Boyfriend/Partner	8.0%	19.7%
Other Relative	21.4%	1.5%
Other Known Person	41.2%	51.0%
Person in Authority	2.4%	1.8%
Stranger	5.6%	23.1%
Sex Purchaser	0%	1.5%

Statistics provided in the following sections relate to the 356 clients (out of a total client number of 582) who entered our services in 2018. It covers incidents of additional violence disclosed by those clients, as well as information disclosed on the outcome of pregnancies (recent or historic) as a result of rape and on those who had reported the sexual violence to the Gardaí at any time, either in 2018 or in previous years.

ANALYSIS OF ADDITIONAL TYPES OF VIOLENCE AND ABUSE

Of the 356 clients who began therapy in 2018, 139 disclosed incidents of additional violence in addition to the main abuse.

VIOLENT INCIDENTS REPORTED BY CLIENTS WHO ALSO EXPERIENCED ADULT RAPE/SEXUAL ASSAULT

TYPE OF VIOLENCE EXPERIENCED BY CLIENTS AS ADULTS	%
Physical Abuse	38.0%
Psychological Abuse	27.1%
Harassment/ Intimidation	18.7%
Other	8.5%
Threat to Kill	4.3%
Attempt to Kill	1.7%
Stalking	1.7%

Note: This table counts all instances of violence for each abuse incident

VIOLENT INCIDENTS REPORTED BY CLIENTS WHO ALSO EXPERIENCED CHILD SEXUAL ABUSE

TYPE OF VIOLENCE EXPERIENCED BY CLIENTS AS CHILDREN	%
Psychological Abuse	52.6%
Harassment/ Intimidation	25.6%
Physical Abuse	19.2%
Threat to Kill	2.6%

Note: This table counts all instances of violence for each abuse incident

PREGNANCY (RECENT OR HISTORIC) AS A RESULT OF RAPE

OUTCOME OF PREGNANCIES	NUMBER
Became Pregnant, Parenting	9
Became Pregnant, Adopted	1
Became Pregnant, Fostering	1
Became Pregnant, Miscarried	1
Became Pregnant, Termination	1

REPORTING TO GARDAÍ

Of the 356 new client cases where the reporting status was known, 104 cases were reported to the Gardaí, a reporting rate of 29.2%.

CASES REPORTED	% OF TOTAL CASES REPORTED
Recent Rape Cases	56.7%
Past Rape Cases	22.1%
Past Child Sexual Abuse Cases	18.3%
Recent Child Sexual Abuse Cases	2.9%

OUTCOME OF CASES REPORTED

Outcome information was known for 29 (28%) of the 104 cases reported.

OUTCOME	TOTAL
Under Garda Investigation	23
Went to Trial	4
Dropped by DPP / Client	2
Outcome Not Disclosed	75

Note: Of the 4 cases that were tried, there was a conviction/guilty plea in all 4 cases.

RELATIONSHIP BETWEEN VICTIM AND OFFENDER IN REPORTED CASES

RELATIONSHIP	CHILD SEXUAL ABUSE	ADULT RAPE/ SEXUAL ASSAULT
Parent	13.0%	0%
Sibling	8.7%	1.2%
Boyfriend / Partner	13.0%	16.0%
Other Relative	17.4%	1.2%
Other Known Person	43.5%	55.6%
Person in Authority	4.4%	2.5%
Stranger	0%	21.0%
Sex Purchaser	0%	2.5%

VICTIM/OFFENDER RELATIONSHIP IN REPORTED RAPE/SEXUAL ASSAULT CASES

RECENT RAPE/SEXUAL ASSAULT

19.8% of cases were reported where the assailant was a stranger.

51.8% of cases were reported where the client knew the assailant.

PAST RAPE/SEXUAL ASSAULT

7.4% of cases were reported where the assailant was a stranger.

21% of cases were reported where the client knew the assailant.



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